

# TB Harega, Desh Jeetega!

*Papa, I'll bring you healthy food everyday. Soon you'll be strong enough to take me to school!*



*Recover quickly, Eat healthy,  
Rejoin life!*



The Government of India provides each TB patient ₹ 500 per month for nutrition support during treatment through Nikshay Poshan Yojana.

Contact your District TB Officer (DTO) or call the Nikshay Sampark Helpline for TB at **1800-11-6666** for information.



# TB Harega, Desh Jeetega!

1



Use your DBT payments to eat rice, roti, dal, eggs, milk and vegetables!

Taking tablets regularly is important, but you must eat a healthy diet to recover!

2

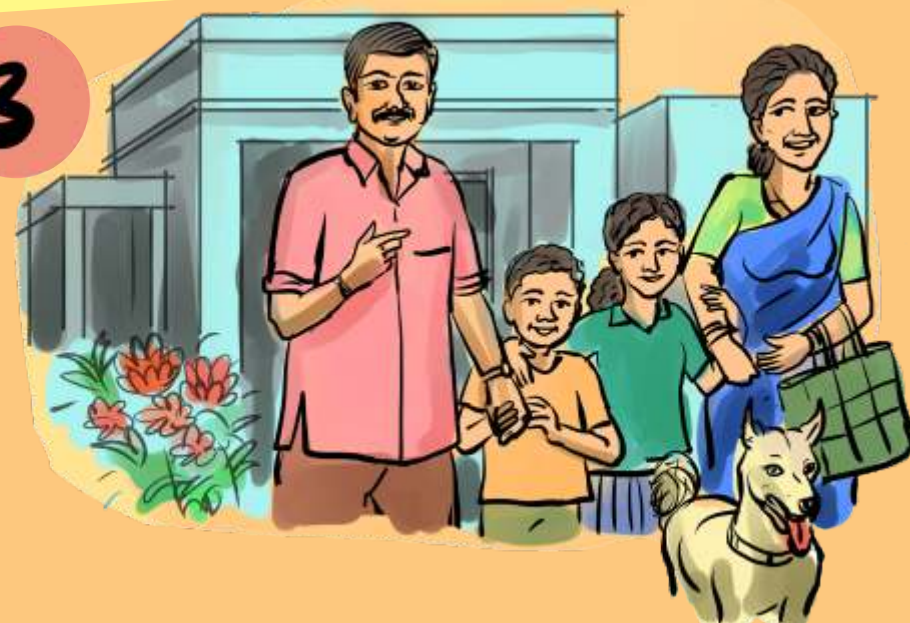


Take your family's support during treatment.

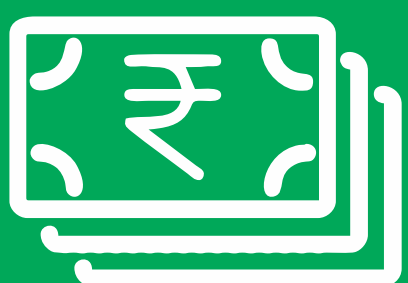


Counsellor

3



Eat healthy and take your tablets even when you feel better! You will have more energy!



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If you are diagnosed with TB, don't worry! Treatment adherence and nutrition will help you get cured.

Under Nikshay Poshan Yojana, you are eligible for nutrition support of ₹500 per month until your treatment is complete.

## One, Two, Three...get DBT!

### STEP 1



Jan Dhan  
Bank Account

- ◆ Submit your bank account details to your treatment supervisor.
- ◆ You can open a zero-balance bank account under the Jan Dhan Yojana to receive payments or register with a relative's bank account.

### STEP 2



- ◆ Check your registered mobile number for notifications of the deposit.

### STEP 3



- ◆ Withdraw the money from the bank or ATM, and use it to supplement your diet.
- ◆ Contact your treatment supervisor if you do not receive payments.

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# Knock out TB with Nikshay Poshan Yojana!

TREATMENT  
ADHERENCE!



NUTRITION!

## TB Harega, Desh Jeetega!



The Government of India provides each TB patient ₹ 500 per month for nutrition support during treatment through Nikshay Poshan Yojana.



Notified TB patients in tribal areas are also eligible for ₹ 750 for transportation.

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# TB Harega, Desh Jeetega!



It's time for your second innings!  
Knock TB for a six!



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